

## COPD Medication Chart

### Thoughts and Concerns About Your Medications

The medications used to treat COPD can be divided into two general categories:

1. Those meant to be taken on an "as needed" basis to make your breathing better right away;
2. Those that need to be taken regularly (usually every day), as prescribed, in order to be effective.

Note which of your medications fall into each category below. Write in your thoughts and concerns, and share your answers with your doctor.

<b>"As Needed" Medications</b>	<b>Thoughts and Concerns</b>
<b>"Every Day" Medications</b>	<b>Thoughts and Concerns</b>

### Timing of Medications

Some medications work best when taken before, after, or at a different time than other medications. List all the medications you take at each time of the day and in the order you usually take them. See if this is the order your doctor thinks is best for you.

Morning	Afternoon	Evening	Bedtime
1.	1.	1.	1.
2.	2.	2.	2.
3.	3.	3.	3.
4.	4.	4.	4.
5.	5.	5.	5.