

BEST

WORST

CITIES FOR OZONE POLLUTION

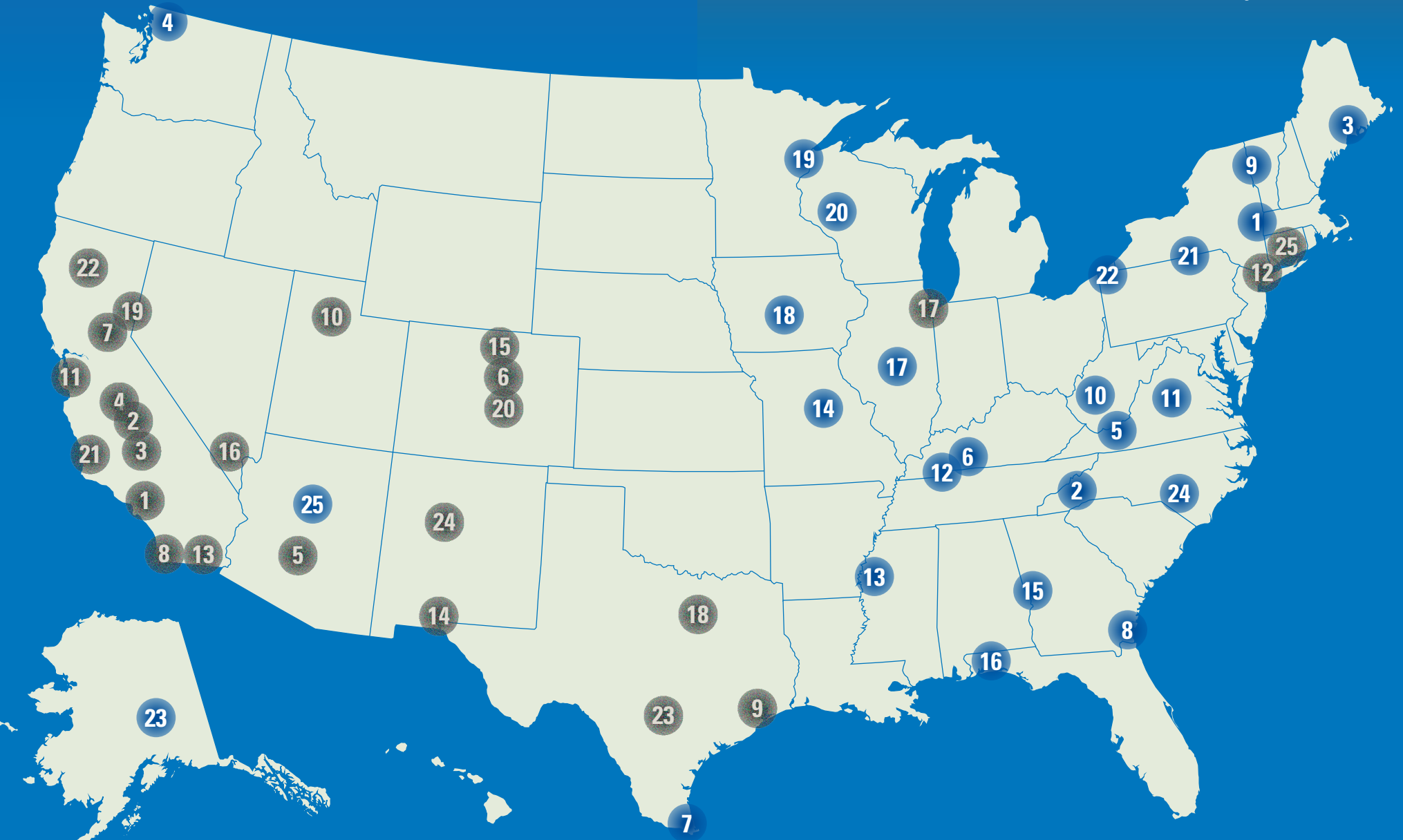
Cleanest Cities by Ozone

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| 1. Albany-Schenectady, NY | 13. Cleveland-Indianola, MS |
| 2. Asheville-Marion-Brevard, NC | 14. Columbia-Moberly-Mexico, MO |
| 3. Bangor, ME | 15. Columbus-Auburn-Opelika, GA-AL |
| 4. Bellingham, WA | 16. Crestview-Fort Walton Beach-Destin, FL |
| 5. Blacksburg-Christiansburg, VA | 17. Decatur, IL |
| 6. Bowling Green-Glasgow, KY | 18. Des Moines-Ames-West Des Moines, IA |
| 7. Brownsville-Harlingen-Raymondville, TX | 19. Duluth, MN-WI |
| 8. Brunswick, GA | 20. Eau Claire-Menomonie, WI |
| 9. Burlington-South Burlington-Barre, VT | 21. Elmira-Corning, NY |
| 10. Charleston-Huntington-Ashland, WV-OH-KY | 22. Erie-Meadville, PA |
| 11. Charlottesville, VA | 23. Fairbanks, AK |
| 12. Clarksville, TN-KY | 24. Fayetteville-Sanford-Lumberton, NC |
| | 25. Flagstaff, AZ |

Worst Cities by Ozone

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| 1. Los Angeles-Long Beach, CA | 14. El Paso-Las Cruces, TX-NM |
| 2. Visalia, CA | 15. Fort Collins, CO |
| 3. Bakersfield, CA | 16. Las Vegas-Henderson, NV |
| 4. Fresno-Madera-Hanford, CA | 17. Chicago-Naperville, IL-IN-WI |
| 5. Phoenix-Mesa, AZ | 18. Dallas-Fort Worth, TX-OK |
| 6. Denver-Aurora, CO | 19. Reno-Carson City-Fernley, NV |
| 7. Sacramento-Roseville, CA | 20. Colorado Springs, CO |
| 8. San Diego-Chula Vista-Carlsbad, CA | 21. San Luis Obispo-Paso Robles, CA |
| 9. Houston-The Woodlands, TX | 22. Redding-Red Bluff, CA |
| 10. Salt Lake City-Provo-Orem, UT | 23. San Antonio-New Braunfels-Pearsall, TX |
| 11. San Jose-San Francisco-Oakland, CA | 24. Albuquerque-Santa Fe-Las Vegas, NM |
| 12. New York-Newark, NY-NJ-CT-PA | 25. Hartford-East Hartford, CT |
| 13. El Centro, CA | |

Source: American Lung Association 2023



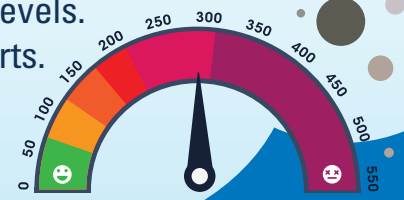
What is Ozone Pollution?

Bad or ground-level ozone pollution is created when vehicle and other emissions mix with pollutants and are heated by the sun. Warmer weather increases ground-level ozone pollution.



What Makes Air Quality Unhealthy?

The Air Quality Index (AQI) grades air quality based on ground-level ozone, particle pollution, carbon monoxide, sulfur dioxide or nitrogen dioxide levels. Visit airnow.gov or watch local alerts.



Protect Your Lungs from Ozone Pollution

- Watch local air quality advisories.
- Ozone levels are always lower in the morning, so plan outdoor activities accordingly.
- The elderly, the very young and those with lung disease are at the highest risk from severe ozone pollution and should limit afternoon outdoor time during poor ozone days.
- Keep windows closed.
- Take medications exactly as prescribed.
- Use the circulate setting on your home thermostat to keep polluted air out.
- Call your doctor if symptoms increase or if you need more medication.

Facemasks are highly encouraged to limit COVID-19 infection but provide no protection against ozone pollution.

